



# Introduction

Rovinj, Vrsar, Bale, Svetvinčenat and Kanfanar are excellent destinations for outdoor sport enthusiasts. The indented seashore and hills in the inland, preserved forests and flourishing meadows are areas ideal for setting up some extraordinary sports and entertainment festivals.

A number of activities ranging from competitive racing to recreational gatherings will give every outdoor enthusiast the perfect blend of sporting activities, picturesque nature, quality accommodation and a superb gourmet offer.

## Outdoor adventures

### **Trail&Trekking**

For all of those who want to spend an active holiday, a relaxing weekend in the spring, autumn or winter months, or take advantage of some free time during the year, there is a number of trails available as well as fun recreational events and sporting competitions. With 12 circular trails and a total of 200 kilometres, everyone will find something for themselves.

For all those who like walking or running, there are circular trails around the town that lead to sightseeing on safe, marked trails and return to the place of departure. Each itinerary also contains points for taking a break.

Besides nature lovers, the Istrian trails are also ideal for top athletes who have a complete fitness training infrastructure at their disposal, along with a number of accompanying services offering them all the support they need for training and progress.

### **Kayak**

The beauties of Istria are met through programs aimed at different groups of users, given the degree of complexity, and so are created for recreation, athletes or families. By way of a total of six programs, the picturesque landscapes of the Rovinj islands, the attractive and wild nature of the Lim Channel and the unique islands and islets of Vrsar can be discovered by all adventurers.

## **Sport climbing**

Sport climbing is suitable for both children and adults. The area of Rovinj represents the perfect destination for beginners as well as for families with children. The mild Mediterranean climate allows climbing throughout the year, and all lovers of this sport, beginners and expert climbers alike, can choose from among 3 climbing spots and 373 routes.

- **Zlatni rt – Punta Corrente**

You can wake up with a morning recreational climb in the Golden Cape Forest Park during the summer heat. There, a most stunning view over Rovinj awaits you. This climbing paradise is an international gathering place for climbers, and is suitable for all ages, as 149 routes of various difficulty have been set just a short distance away from the sea, many of which are suitable for beginners.

- **Lim Channel**

An unforgettable view is also offered by the climbing area in the Lim Channel, which is rich in long and easier routes, but even the more experienced climbers will enjoy these rocks too. The best period for climbing here is from September to May, while in the summer climbing is possible early in the morning (Krugi) or in the late afternoon (Gavranik) when the sectors are in the shade.

- **Dvigrad**

The climbing area in the historic medieval town of Dvigrad is characterised by shorter and very demanding technical routes. Grey boards of Dvigrad are enriched by 88 routes that will test the technique of the most experienced climbers. Among them, the most famous is the Malvazija route, set by the Italian author Manolo (Maurizio Zanolla), which summit has so far been reached only by two climbers.

# Accommodation for outdoor sport enthusiasts

The [Hotel Eden](#) in Rovinj together with the [Hotel Pineta](#), [Riva Apartments](#) and the [Belvedere Resort](#) in Vrsar will provide all lovers of open space looking for an active and attractive holiday with top-class accommodation in facilities of different categories and with different activities.

## Supplementary services

### Reliable support with every step you make

In the pursuit of new adventures, it is of the utmost importance that you are insured every step of the way and take care of the complete enjoyment of all outdoor guests. With this in mind, our associates and experienced partners who are skilled in this field will be available during all programs and itineraries.

### Organised packages for outdoor lovers

Programs dedicated to all profiles of outdoor activity enthusiasts are carefully created and integrated into complete packages. The offer of destination packages includes a large selection of daily and multi-day programs, guided programs, self-run programs and various specialist programs.

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# Outdoor events

## APRIL

- **Popolana**  
  
Place: Rovinj  
  
Type: recreational sports weekend  
  
[www.rovinjsport.com](http://www.rovinjsport.com)

## MAY

- **Let’s Climb Together: Zlatni Rt**  
  
Place: Rovinj  
  
Type: sport climbing competition  
  
[www.spk-muntravo.hr](http://www.spk-muntravo.hr)

- **Lim Bay Challenge**  
  
Place: Vrsar  
  
Type: adventure race  
  
[www.limbaychallenge.com](http://www.limbaychallenge.com)

## JULY

- **Bale-Valle Outdoor Festival**  
  
Place: Bale  
  
Type: outdoor festival  
  
[www.trickeri.org](http://www.trickeri.org)

## OCTOBER

- **Ocean Lava Triathlon Vrsar**  
  
Place: Vrsar  
  
Type: triathlon race  
  
[www.oceanlava.hr](http://www.oceanlava.hr)

## DECEMBER

- **Lim Bay Challenge: Sunny Winter Trail**  
  
Place: Vrsar  
  
Type: trail race  
  
[www.limbaychallenge.com](http://www.limbaychallenge.com)

# Information and contact

Information regarding the offer for outdoor enthusiasts is available at the Maistra web site: [www.maistra.com](http://www.maistra.com)

**MORE INFORMATION** 

**Rovinj-Rovigno Tourist Board**

[www.rovinj-tourism.com](http://www.rovinj-tourism.com)

**Vrsar Tourist Board**

[www.infovrsar.com](http://www.infovrsar.com)

**Municipality of Bale-Valle Tourist Board**

[www.bale-valle.hr](http://www.bale-valle.hr)

**Municipality of Svetvinčenat Tourist Board**

[www.tz-svetvincenat.hr](http://www.tz-svetvincenat.hr)

**Municipality of Kanfanar Tourist Board**

[www.visitkanfanar.hr](http://www.visitkanfanar.hr)